



MARYLAND Department of Health

Maryland SHIP Health Action Newsletter

Friday, Nov. 16, 2018

Save the Date: Population Health Summit

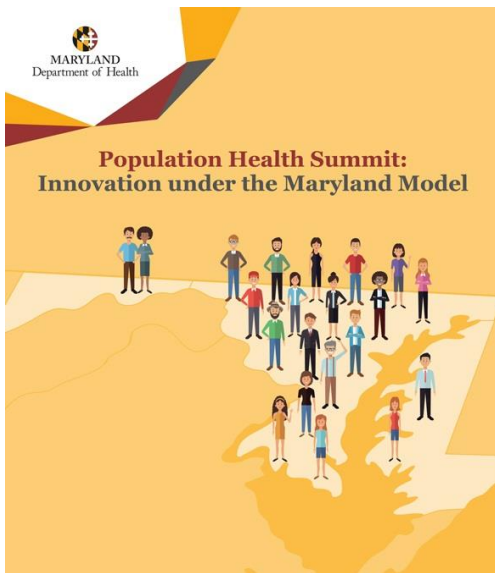


Image: The Population Health Summit logo. Illustration of different people standing across a map of Maryland. Text reads, "Maryland Department of Health. Population Health Summit: Innovation under the Maryland Model."

Tuesday, Dec. 4

As part of Health Equity Week in Maryland, the Maryland Department of Health (MDH) and the Robert Wood Johnson Foundation will soon host the "*Population Health Summit: Innovations Under the Maryland Model*." This summit will focus on exploring the opportunities under the innovative Maryland Model to improve population

health. The Population Health Summit will include speakers from across Maryland and allow participants to weigh in on the future of health care in Maryland.

If you are unable to attend in person, the general sessions of the summit will be live-streamed.

For more information and to request to register for this event, [click here](#). Learn more about the [Maryland Model here](#).

Date Correction: A Community Conversation about Depression and Anxiety



Image: Photograph of Jamal Lewis.

Wednesday, Nov. 28

Join the University of Maryland Medical System and the University of Maryland, Baltimore for a free community conversation about the impact of depression and anxiety on men, seniors, and those managing chronic disease. Suicide prevention will also be

discussed. Retired Baltimore Ravens running back and Super Bowl XXXV champion Jamal Lewis will share lessons learned on his journey from stardom to managing depression and thoughts of suicide to refining himself.

For more information and to register for this event, [click here](#). If you or someone you know is experiencing a crisis, please contact the [Maryland Crisis Connect](#) or [call 211 and press 1](#).

The wrong date for this event was originally published and has now been corrected. We apologize for any confusion.

Webinar: Understanding Grief After an Overdose Death



Before it's too late.

**NEED HELP?
CALL 211, PRESS 1**

Image: The Maryland Department of Health Before It's Too Late logo. Text reads, "Prevention, Treatment, Recovery. Before it's too late. Need help? Call 211, Press 1."

Wednesday, Nov. 28

The National Network of Libraries of Science will host a webinar that will focus on the dynamics of a death caused by substance use. This webinar will also cover stigma, stress, and trauma that may come with grief after a death from substance use. Participants will be able to:

- Discuss how three key questions affect bereaved people
- Explain the effects of stigma and stress on the experience of grief
- Give examples of how trauma can play a role in grief
- Consider how the dynamics of addiction and caregiving can shape a person's grief

For more information and to register for this webinar, [click here](#). If you or someone you know is struggling with substance use or addiction, visit the [Before It's Too Late webpage here](#) or [call 211 and press 1](#).

Event: World Conference on Health Promotion



Image: Illustration connected people around a globe.

Monday, Dec. 3

The International Union for Health Promotion and Education (IUHPE) will host the 23rd World Conference on Health Promotion. This year's theme will be "*Promoting Planetary Health and Sustainable Development of All.*" Planetary health expands the scope of public health and includes ecological and social determinants of health as goals for public health action. This conference will further explore how health promotion contributes to:

- Health equity throughout the life course
- Inclusive, safe, resilient, and sustainable health and well-being
- Effective and fair climate change strategies
- Accountable and inclusive governance that promote and respect human rights

Early bird registration rates are available until Wednesday, Nov. 28.

For more information and to register for this conference, [click here](#).

Event: Health Care and Finance Sector Investment Priorities



Image: Photograph of a piggy bank with coins surrounding.

Monday, Dec. 3

The National Academies of Sciences, Engineering, and Medicine will soon host a workshop titled, "*Reorienting Health Care and Finance Sector Investment Priorities*

Toward Health and Well-Being." This workshop will explore factors that can change economic priorities in health care and financial services and affect when, where, and with whom resources are invested to shape the conditions for health and well-being.

For more information and to register for this workshop, [click here](#).

Webinar: Health Issues in the Headlines



Image: A newspaper icon.

Tuesday, Dec. 4

The National Network of Libraries of Medicine will soon host a webinar titled, "*Health Issues in the Headlines: Learning to Read Between the Lines*." The first place many people hear about health issues and benefits is in the media — think about the benefits of dark chocolate, red wine, and stem cells. This

interactive, hands on course will introduce participants to the environment of health reporting. This webinar will review how health is reported in the news, and how to evaluate the accuracy and validity of science and health stories.

For more information and to register for this webinar, [click here](#).

Event: National Conference on Worker Safety and Health



Image: Photograph of five employees looking at a laptop.

Tuesday - Thursday, Dec. 4 - 6

The National Council for Occupational Safety and Health will soon host the National Conference on Worker Safety and Health. This year's theme will be

"*Connect, Inspire, Act.*" The goal of this conference is to empower workers and to create safer workplaces. This conference will feature topics such as:

- Immigrant and young worker rights
- Sexual harassment
- The opioid epidemic
- Climate change
- Infectious diseases
- Chemical hazards

For more information and to register for this event, [click here](#).

Resource: 2018 State of Obesity Report



Image: Photograph of elementary school children eating healthy snacks.

The Trust for America's Health (TFAH) and the Robert Wood Johnson Foundation (RWJF) recently published the "*State of Obesity 2018: Better Policies for a Healthier America*" report. This report highlights the

latest obesity trends as well as strategies, policies, programs, and practices that may reverse the epidemic. The report also details the level of commitment needed to fight obesity nationally and includes key recommendations for specific actions. TFAH and RWJF recommend three guiding principles regarding obesity prevention:

- Promote policies and scale programs that take a multi-sector approach
- Adopt and implement policies that help make healthy choices easy
- Invest in programs that level the playing field for all individuals and families

To access the full report, [click here](#). Learn more about the most recent State Health Improvement Process data on obesity in [adults](#) and [adolescents](#) in Maryland.

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